

	Monday	Tuesday	Wednesday	Thursday	Friday	
Altmore	<p>Family Support Our Family Support Worker is available to offer help and advice on benefits, housing or family life. 07961632920 9:30 - 11:30 Appointment Required</p> <p>Little Talkers A targeted session for families with children who need support to improve their language & communication skills. 10:30 - 11:30 Invitation Only</p> <p>BookStart Corner A 4-week targeted programme offering extra support to families to help them read with their children with confidence. 1:30 - 2:30 Invitation Only</p>	<p>Toddler Stay & Play Under 3's 10:30 - 11:30 Set of 4 sessions Booking Required <i>11/05/21 - Toilet Training & Bedtime Routines Workshop</i></p> <p>BookStart Book Gifting To arrange to collect your pack please call 07572440457</p> <p>Family Stay & Play 0-5yrs 1:30 - 2:30 Set of 4 sessions Booking Required <i>18/05/21 - School Readiness</i></p>	<p>Park Adventures Please call 07961632921 or Altmore Children's Centre for more details. 10:30 - 12:00</p> <p>Little Champions A targeted session for families with children with SEND. 1:30 - 2:00 Invitation Only</p> 	<p>Story & Music Time 18m - 5yrs 10:30 - 11:00 Virtual Session via ZOOM</p> <p>Family Stay & Play 1:30 - 2:30 Set of 4 sessions Booking Required</p> <p>Parenting Support A different focus each week delivered by Zoom. 2:15 - 3:00 Virtual Session via ZOOM</p>	<p>Family Play A targeted pre-booked session in our playroom.</p> <p>Family Support Phone Session Our Family Support Worker is available to offer help and advice on benefits, housing or family life. 07961632920 1:00 - 3:00</p> <p>Baby Stay & Play 0-1yr Pre-walkers 1:30 - 2:30 Set of 4 sessions Booking Required <i>28/05/21 - Weaning Workshop</i></p>	<p>East Ham Children's Centre have put together a booking only timetable of targeted and live online/centre sessions where you can join us and other families, learning and playing together. It is now necessary to ask everyone to book sessions. Bookings will be on a first come first serve basis.</p> <p>Altmore Universal sessions will be available to book in sets of 4.</p> <p>All visitors to our Centre's will need to wear a face covering, sanitise their hands, keep their distance and comply with NHS Track & Trace.</p> <p>During Zoom Sessions we require all participants have their videos switched on at all times: this is a further protection, allowing staff to ensure that only invited participants attend.</p> <p>We will not use your details for any other purpose and will adhere to all relevant legislation.</p>
Oliver Thomas	<p>Stay & Play Babies Up to 1 year 10:00 - 11:00 Booking Required</p> <p>Stay & Play 1:00 - 2:00 Booking Required</p> 	<p>Little Champions 10:30 - 11:00 Booking Required</p> <p>Baby Massage 5 week course starting 27th April 2021. 1:00 - 2:00 Booking Required</p> 	<p>Park Adventures Please call Kerrie on 07586071624 or Oliver Thomas Children's Centre for more details. 10:30 - 12:00</p> <p>Stay & Play 1:00 - 2:00 Booking Required</p> 	<p>Meet the Health Visitor Every other week call Oliver Thomas Children's Centre for more details. 9:15 - 10:00 Booking Required Virtual Session via ZOOM</p> <p>Stay & Play Rhyme Time 9:45 - 10:45 Booking Required</p> <p>Stay & Play Babies Up to 1 year 1:00 - 2:00 Booking Required</p> <p>EPAT 8 week course for parents of children with SEND.(TBC)</p>	<p>BookStart Corner 11:00 - 11:30 Virtual Session via ZOOM</p> <p>Stay & Play Rhyme Time 1 - 1:30 Booking Required Virtual Session via ZOOM</p> 	<div style="border: 1px solid black; padding: 5px;"> <p>Altmore Children's Centre Altmore Avenue, East Ham E6 2BX Oliver Thomas Children's Centre Mathews Avenue, East Ham E6 6BU</p> </div>

