



Oliver Thomas Children's Centre Activity Calendar

15th April – 28th June 2024

For further information please call the childrens centre on – 020 8552 1177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coffee Morning 10:00 -11:00</p> <p>This session will be led and supported by our family Support Worker Susana</p> <p>15th April 20th May 24th June</p>		<p>Stay & Play Babies Sensory Play 10:30 -11:30</p> <p>Talking Tots 1st & 8th May 10:30 -11:30</p> <p>Invite only</p>	<p>Stay & Play Baby and Toddler 10:30 – 11:30</p> <p>East Ham Library Term Time Only</p> <p>SEND Stay and Play 10:00- 11:00</p>	<p>Stay & Play 10:00 – 11:00</p> <p>Under 5's</p>
<p>Stay and Play Story Time 1:30 - 2:30</p>	<p>Stay & Play 1:00 - 2:00</p> <p>Under 5's</p>	<p>Out and About Dates and times to be confirmed contact the Children's Centre for further information</p> <p>Booking required</p> <p>Play and Learning Workshops 1:00 -2:00</p> <p>22nd May – Play Dough 26th June – Science 18mths – 3 years</p> <p>Booking Required</p>	<p>Stay & Play 1:00 -2:00</p> <p>Under 5's</p>	<p>Stay and Play Baby and Toddler 1:00 - 2:00</p> <p>0 - 2years</p>

Please note we will have an amended timetable for the 27th May – 31st June 2024. The amended timetable will be available from the beginning of May 2024

Other Sessions and General information

Monday

Le Leche

Breast Feeding Support

8th April

13th May

10th June

Starts at 10:00



Tuesdays

Parents in mind

10:00 -11:30

Term Time Only

Are you pregnant or a new mum and feeling low, anxious, alone?

Come along to this non-judgmental space to talk and gain support

For further information call 07525403673



Healthy Start Vitamins

You can receive free vitamins if you have a child under the age of 4yrs, are pregnant, or had a baby in the last 12 months.



Vitamins can be collected between 9:30 – 3:00pm

Monday – Friday



Wednesday

Conversation Café

10th April

8th May

12th June

9:30 – 11:30

Baby Weighing Clinic

1:00 – 3:00

17th April

15th May

19th June

Booking Required

Call 020 3373 9983



Friday

Hestia support

Hestia provides domestic abuse support services

9:30 – 12:00

Booking required

Family Support

If you have any concerns in regards to housing, debt, benefits, parenting or you and your families well being in general please either call or drop into the Children's Centre to arrange an appointment with Susana our Family Support Worker who will be happy to support



Nursery Applications

If you are interested in your child attending Oliver Thomas Nursery School, you can access an application form from the school reception or you can find it on line at

www.oliverthomas.org.uk/home/registration-form/

If you need support in filling in the form a member of the Oliver Thomas Children's Centre will be happy to help

Book Start Baby Pack

If you have a baby under the age of one, you are able to access your free bookbag from our Children's Centre

