



Oliver Thomas Children's Centre Activity Calendar

1st – 25th July 2025

For further information please call the childrens centre on – 020 8552 1177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
There Children's Centre will be closed on the 21 st of July for staff training		Stay & Play Babies Sensory Play 10:30 -11:30	Stay & Play Baby and Toddler 10:30 – 11:30 East Ham Library Term Time Only Last session on 10 th July Stay and Play 10:00- 11:00 Under 5's	Stay & Play 10:00 – 11:00 Under 5's
Stay and Play Story Time 1:30 – 2:30 Term time only	Stay & Play 1:00 - 2:00 Under 5's	Stay and Play 1:30 -2:30 This is a weekly session but once a month we theme the session this month the themed session will be 9th July – Learning through nature There will be no session on the 16th of July	Stay & Play 1:00 -2:00 Under 5's There will be no AM or PM sessions on the 24th July 2025	Stay and Play Baby and Toddler 1:00 - 2:00 0 - 2years

There will be no Children's Centre sessions on Thursday 24th of July



Oliver Thomas Children's Centre Activity Calendar

28th July – 29th August 2025

For further information please call the childrens centre on – 020 8552 1177 option 3



Monday	Tuesday	Wednesday	Thursday	Friday
The Children's Centre will be closed on the 25 th of August as it is a Bank holiday		Stay & Play Babies Sensory Play 10:30 -11:30	Stay and Play 10:00- 11:00 Under 5's	Stay & Play 10:00 – 11:00 Under 5's
	Stay & Play 1:00 - 2:00 Under 5's Siblings up to the age of 8yrs welcome	Stay and Play In the Park 1:30 -2:30 Meet us and have fun in our wonderful local parks 6 th Aug - Central Park 13 th Aug - Gooseley Park 20 th - Aug Barking Rec For further information please speak to a member of the CC team	Themed Sessions 1:00 -2:00 7 th Aug – Cooking Club 14 th Aug – Water Play 21 st Aug – Cooking Club 28 th Aug – Slime and Play Dough Workshop Booking is required to attend these sessions	Stay and Play Baby and Toddler 1:00 - 2:00 0 - 2years



Oliver Thomas Children's Centre Activity Calendar

1st – 30th September 2025

For further information please call the childrens centre on – 020 8552 1177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
Stay and Play Bumps & Babies 10:00 – 11:30 15 th & 29 th September This session is led by Newham NCT who will be happy to talk to you about all things feeding related while your baby/child plays Expectant mums welcome		Stay & Play Babies Sensory Play 10:30 -11:30	Stay & Play Baby and Toddler 10:30 – 11:30 East Ham Library Term Time Only Stay and Play 10:00- 11:00 Under 5's	Stay & Play 10:00 – 11:00 Under 5's
Stay and Play 1:00 – 2:00 Term time only 	Stay & Play 1:00 - 2:00 Under 5's	Stay and Play 1:30 -2:30 This session is weekly but on the following date the session will be themed: 24th September – Science	Stay & Play 1:00 -2:00 Under 5's	Stay and Play Baby and Toddler 1:00 - 2:00 0 - 2years

Please note there are no sessions on the 1st, 2nd and 3rd of September 2025 due to staff training

Other Sessions and General information



Tuesdays

Parents in mind

10:00 - 11:30

Term Time Only

Are you pregnant or a new mum and feeling low, anxious, alone?

Come along to this non-judgmental space to talk and gain support

For further information call 07525403673



Family Support

If you have any concerns in regards to housing, debt, benefits, parenting or you and your families well-being in general please either call or drop into the Children's Centre.

Where Farzana our Family Support Worker will be happy to help you



Healthy Start Vitamins

You can receive free vitamins if you have a child under the age of 4yrs, are pregnant, or had a baby in the last 12 months.

Vitamins can be collected between 9:30 – 3:00

Monday – Friday



Baby Weighing Clinic

1:00 – 3:00

16th July

20th August

17th September

Booking Required
Call 020 3373 9983

Baby Massage and Yoga

If you have a young baby and are interested in learning massage and yoga techniques to enhance bonding with your baby

Please contact the Children's Centre on: 0208 552 1177

Where Sally will be able to give you information on any upcoming workshops

Friday

Hestia support

Hestia provides domestic abuse support services

9:30 – 12:00
Booking required

Book Start Baby Pack

If you have a baby under the age of one, you are able to access your free bookbag from our Children's Centre



Nursery Applications

If you are interested in your child attending Oliver Thomas Nursery School, you can access an application form from the school reception or you can find it on line at

www.oliverthomas.org.uk/home/registration-form/

If you need support in filling in the form a member of the Oliver Thomas Children's Centre Team will be happy to help

