



# Oliver Thomas Children's Centre Activity Calendar

21<sup>st</sup> April – 27<sup>th</sup> June 2025

For further information please call the childrens centre on – 020 8552 1177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Children's Centre is closed on the 21<sup>st</sup> April 2025 5<sup>th</sup> &amp; 26<sup>th</sup> May 2025</p>		<p><b>Stay &amp; Play Babies Sensory Play</b> 10:30 -11:30</p>	<p><b>Stay &amp; Play Baby and Toddler</b> 10:30 – 11:30 East Ham Library Term Time Only <b>Stay and Play</b> 10:00- 11:00 Under 5's</p>	<p><b>Stay &amp; Play</b> 10:00 – 11:00 Under 5's</p>
<p><b>Stay and Play Story Time</b> 1:30 - 2:30 Term time only</p> 	<p><b>Stay &amp; Play</b> 1:00 - 2:00 Under 5's</p>	<p><b>Stay and Play</b> 1:30 -2:30 <u><b>Themed sessions:</b></u>  <b>30th April – Clay</b>  <b>21<sup>st</sup> May – Science</b>  <b>18<sup>th</sup> June - Water</b></p>	<p><b>Stay &amp; Play</b> 1:00 -2:00 Under 5's Alice a Speech and Language Therapist will be visiting this session on <b>8<sup>th</sup> May &amp; 19<sup>th</sup> Jun</b> she will be happy to answer any questions you may have in regards to language development</p>	<p><b>Stay and Play Baby and Toddler</b> 1:00 - 2:00 0 - 2years</p>

There will be an adjusted time table for the week beginning the 26<sup>th</sup> May. Please contact the children's Centre closer to the time for an updated timetable.



# Oliver Thomas Children's Centre Activity Calendar

May Half Term Holidays 26<sup>th</sup> – 30<sup>th</sup> May 2025

For further information please call the childrens centre on – 020 8552 1177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Children's Centre is Closed today due to it being a Bank holiday</p> 		<p><b>Stay &amp; Play Babies Sensory Play</b> 10:30 -11:30</p>		<p><b>Stay and Play</b> 10:00 – 11:00 2-5years Siblings up to 8 welcome</p>
	<p><b>Stay &amp; Play</b> 1:00 - 2:00 Under 5's</p>	<p><b>Cooking Club</b> 1:30 -2:30 2-5 years Siblings up to 8 welcome <b>Booking Essential Spaces Limited</b></p>	<p><b>Stay &amp; Play</b> 1:00 -2:00 Siblings up to eight welcome</p>	<p><b>Stay and Play Baby and Toddler</b> 1:00 - 2:00 0 - 2years</p>

**Monday**  
**Breast Feeding Support**

**Every Monday**  
**10:00 -12:00**



**WE ARE  
SUPPORTIVE.**

**WE ARE  
NEWHAM.**



**NEWHAM BABY FEEDING HELPLINE**  
07534 249 611

**Family Support**

If you have any concerns in regards to housing, debt, benefits, parenting or you and your families well being in general please either call or drop into the Children's Centre.

Where one of our team member's will be happy to support you in finding the right support



# Other Sessions and General information

**Tuesdays**

**Parents in mind**  
**10:00 -11:30**

**Term Time Only**

Are you pregnant or a new mum and feeling low, anxious, alone?

Come along to this non-judgmental space to talk and gain support

For further information call  
07525403673



## **Healthy Start Vitamins**

You can receive free vitamins if you have a child under the age of 4yrs, are pregnant, or had a baby in the last 12 months.

Vitamins can be collected between 9:30 – 3:00

**Monday – Friday**



## **Baby Weighing Clinic**

**1:00 – 3:00**

**16<sup>th</sup> April**

**21<sup>st</sup> May**

**18<sup>th</sup> June**

**Booking Required**  
**Call 020 3373 9983**

## **Baby Massage and Yoga**

If you have a young baby and are interested in learning massage and yoga techniques to enhance bonding with your baby

Please contact the Children's Centre on:  
0208 552 1177

Where Sally will be able to give you information on any upcoming workshops

## **Friday**

### **Hestia support**

Hestia provides domestic abuse support services

**9:30 – 12:00**  
**Booking required**

## **Nursery Applications**

If you are interested in your child attending Oliver Thomas Nursery School, you can access an application form from the school reception or you can find it on line at

[www.oliverthomas.org.uk/home/registration-form/](http://www.oliverthomas.org.uk/home/registration-form/)

If you need support in filling in the form a member of the Oliver Thomas Children's Centre Team will be happy to help

## **Book Start Baby Pack**

If you have a baby under the age of one, you are able to access your free bookbag from our Children's Centre

